

subwaymenunearme.uk

SUBWAY UK MENU & PRICES

Prices as of 27 July 2026 · 143 items · collection prices

Restaurant Sandwiches

Ham	£6.49+
324 kcal	
Turkey Breast	£6.49+
312 kcal	
Veggie Delite	£6.49+
227 kcal	
Classic B.M.T.	£7.39+
386 kcal	
Spicy Italian	£7.39+
498 kcal	
Turkey & Ham	£7.39+
327 kcal	
Chicken Breast	£7.39+
340 kcal	
Rotisserie-Style Chicken	£7.39+
310 kcal	
Chicken Tikka	£7.39+
345 kcal	
Tuna Mayo	£7.39+
400 kcal	
Meatball Marinara	£7.39+
447 kcal	
Chicken Nacho Ranch	£7.49+
504 kcal	
BBQ Pulled Pork	£7.79+
346 kcal	
Big Bombay	£7.79+
565 kcal	
Tex Mexan	£7.79+
498 kcal	
Notorious B.M.T.	£8.19+
479 kcal	
Honey Mustard BBQ	£8.19+
430 kcal	
Legendary Teriyaki	£8.19+
440 kcal	
Philly Steak	£8.19+
297 kcal	
Plant Patty (VE)	£8.19+
424 kcal	
Furious Chicken	£8.59+
520 kcal	
Garlic Cheese Steak	£8.59+
539 kcal	

Wraps

Ham Wrap	£6.49
393 kcal	
Turkey Breast Wrap	£6.49
381 kcal	
Veggie Delite Wrap	£6.49
339 kcal	
Classic B.M.T. Wrap	£7.39
498 kcal	
Spicy Italian Wrap	£7.39
568 kcal	
Turkey & Ham Wrap	£7.39
415 kcal	
Chicken Breast Wrap	£7.39
410 kcal	
Rotisserie-Style Chicken Wrap	£7.39
354 kcal	
Chicken Tikka Wrap	£7.39
414 kcal	
Tuna Mayo Wrap	£7.39
427 kcal	
Meatball Marinara Wrap	£7.39
474 kcal	
BBQ Pulled Pork Wrap	£7.79
432 kcal	
Philly Steak Wrap	£8.19
367 kcal	
Plant Patty (VE) Wrap	£8.19
494 kcal	
Toasted Big Breakwich Wrap	£8.59
685 kcal	

Salads

Ham Salad	£7.39
<i>89 kcal</i>	
Turkey Breast Salad	£7.39
<i>119 kcal</i>	
Veggie Delite Salad	£7.39
<i>91 kcal</i>	
Classic B.M.T. Salad	£8.19
<i>234 kcal</i>	
Spicy Italian Salad	£8.19
<i>306 kcal</i>	
Turkey & Ham Salad	£8.19
<i>135 kcal</i>	
Chicken Breast Salad	£8.19
<i>148 kcal</i>	
Rotisserie-Style Chicken Salad	£8.19
<i>92 kcal</i>	
Chicken Tikka Salad	£8.19
<i>152 kcal</i>	
Tuna Mayo Salad	£8.19
<i>166 kcal</i>	
Meatball Marinara Salad	£8.19
<i>215 kcal</i>	
BBQ Pulled Pork Salad	£8.59
<i>173 kcal</i>	
Philly Steak Salad	£8.99
<i>107 kcal</i>	
Plant Patty (VE) Salad	£8.99
<i>232 kcal</i>	

Jacket Potatoes

Ham & Cheese Jacket Potato	£7.89
<i>481 kcal</i>	
Turkey Breast & Cheese Jacket Potato	£7.89
<i>469 kcal</i>	
Veggie Delite Jacket Potato	£7.89
<i>428 kcal</i>	
Baked Beans & Cheese Jacket Potato	£8.59
<i>522 kcal</i>	
Coleslaw & Cheese Jacket Potato	£8.59
<i>577 kcal</i>	
Classic B.M.T. Jacket Potato	£8.59
<i>561 kcal</i>	
Tuna Mayo & Cheese Jacket Potato	£8.69
<i>558 kcal</i>	
Spicy Italian & Cheese Jacket Potato	£8.69
<i>656 kcal</i>	
Ham, Turkey Breast & Cheese Jacket Potato	£8.69
<i>485 kcal</i>	
Chicken Breast & Cheese Jacket Potato	£8.69
<i>498 kcal</i>	
Rotisserie-Style Chicken & Cheese Jacket Potato	£8.69
<i>484 kcal</i>	
Chicken Tikka & Cheese Jacket Potato	£8.69
<i>502 kcal</i>	
Meatball Marinara & Cheese Jacket Potato	£8.69
<i>606 kcal</i>	
BBQ Pulled Pork Jacket Potato	£9.19
<i>523 kcal</i>	
Tex Mexan Jacket Potato	£9.19
<i>620 kcal</i>	
Chicken Nacho Ranch Jacket Potato	£9.59
<i>1026 kcal</i>	
Honey Mustard BBQ Jacket Potato	£9.59
<i>597 kcal</i>	
Philly Steak & Cheese Jacket Potato	£9.59
<i>499 kcal</i>	
Plant Patty & Cheese Jacket Potato (VE)	£9.59
<i>474 kcal</i>	
Furious Chicken Jacket Potato	£9.99
<i>704 kcal</i>	
Big Breakwich Jacket Potato	£9.99
<i>738 kcal</i>	
Garlic Cheese Steak Jacket Potato	£9.99
<i>667 kcal</i>	

Toasties

Honey Mustard Deli Toastie	£7.39+
<i>362 kcal</i>	
BBQ Chicken & Bacon Toastie	£8.19+
<i>410 kcal</i>	
Big Cheese Steak Toastie	£8.69+
<i>458 kcal</i>	

Breakfast

Veggie Breakwich	£4.99+
<i>442 kcal</i>	
Bacon & Sausage	£5.19+
<i>446 kcal</i>	
Stacked Bacon & Cheese Toastie	£7.59+
<i>481 kcal</i>	
Big Breakwich	£8.59+
<i>599 kcal</i>	

Sides

Single Coleslaw	£0.69
<i>60 kcal</i>	
Dips	£0.69
<i>50 kcal</i>	
Baked Beans Snack Pot	£1.19
<i>109 kcal</i>	
Double Coleslaw	£1.39
<i>119 kcal</i>	
Cheesy Garlic Slice (V)	£1.39
<i>171 kcal</i>	
DORITOS Chilli Heatwave	£1.39
<i>220 kcal</i>	
DORITOS Tangy Cheese	£1.39
<i>222 kcal</i>	
Quavers Cheese	£1.39
<i>107 kcal</i>	
Sensation Thai Sweet Chili	£1.39
<i>197 kcal</i>	
Walkers Cheese & Onion	£1.39
<i>161 kcal</i>	
Walkers Ready Salted	£1.39
<i>170 kcal</i>	
Margherita Slice (V)	£2.19
<i>148 kcal</i>	
Side Salad	£2.19
<i>15 kcal</i>	
Pepperoni Slice	£2.39
<i>176 kcal</i>	
Waffle Fries - regular	£2.49
<i>184 kcal</i>	
Hash Browns - 6 pieces	£2.79
<i>286 kcal</i>	
Pepperoni & Cheese Footlong Dipper	£2.79
<i>433 kcal</i>	
Triple Cheese Footlong Dipper	£2.79
<i>450 kcal</i>	
Chipotle Cheesy Bites - 5 pieces	£3.19
<i>299 kcal</i>	
Garlic & Herb Cheese Bites - 5 pieces	£3.19
<i>222 kcal</i>	
Meatballs	£3.19
<i>230 kcal</i>	
Hash Browns - 9 pieces	£3.79
<i>378 kcal</i>	
Nacho Chicken Bites - 6 pieces	£3.89
<i>325 kcal</i>	
Waffle Fries - large	£3.99
<i>276 kcal</i>	
Doritos Nachos	£4.29
<i>586 kcal</i>	

Nacho Chicken Bites - 9 pieces	£5.29
<i>405 kcal</i>	
Chipotle Cheesy Bites - 12 pieces	£5.59
<i>501 kcal</i>	
Garlic & Herb Cheese Bites - 12 pieces	£5.59
<i>532 kcal</i>	
Doritos Sharer Nachos	£5.79
<i>964 kcal</i>	

Cookies

White Chip Macadamia Nut Cookie	£1.19
<i>215 kcal</i>	
Bear Yoyo	£1.19
<i>11 kcal</i>	
Salted Caramel Brownie Cookie	£1.29
<i>189 kcal</i>	
Double Chocolate Cookie (Ve)	£1.29
<i>220 kcal</i>	
Chocolate Chunk Cookie	£1.29
<i>214 kcal</i>	
Rainbow Chocolate Chip Cookie	£1.29
<i>212 kcal</i>	
3x Salted Caramel Brownie Cookies	£2.19
<i>567 kcal</i>	
3x Double Chocolate Cookies - (Ve)	£2.19
<i>652 kcal</i>	
3x Chocolate Chunk Cookies	£2.19
<i>643 kcal</i>	
3x Rainbow Chocolate Chip Cookies	£2.19
<i>641 kcal</i>	
3x White Chocolate Chip Macadamia Nut Cookie	£2.19
<i>645 kcal</i>	
Oreo Cookie Cup	£2.79
<i>319 kcal</i>	
Mini Chocolate Chip Cookies	£2.79
<i>532 kcal</i>	
12 Cookies	£5.79
<i>2561 kcal</i>	

Drinks

Princes Gate Still Water 500ml	£2.19
Powerade Berry Tropical 500ml	£2.49
<i>92 kcal</i>	
Coca-Cola Zero 500ml	£2.79
<i>2 kcal</i>	
Coca-Cola Zero Cherry 500ml	£2.79
<i>2 kcal</i>	
Diet Coke 500ml	£2.79
<i>2 kcal</i>	
Dr Pepper 500ml	£2.79
<i>102 kcal</i>	
Fanta Orange 500ml	£2.79
<i>97 kcal</i>	
Oasis Summer Fruits 500ml	£2.79
<i>88 kcal</i>	
Sprite 500ml	£2.79
<i>73 kcal</i>	
Sprite Zero 500ml	£2.79
<i>6 kcal</i>	
Fanta Grape 500ml	£2.79
<i>100 kcal</i>	
Coca-Cola Original 500ml	£2.99
<i>215 kcal</i>	

Meal Deals and Offers with Prices

Breakfast Meal Deal	£7.58
6 inch Meal Deal	£11.78
Wrap Meal Deal	£11.78
Salad Meal Deal	£12.68
Jacket Potato Meal Deal	£13.18
Footlong Meal Deal	£14.09
6inch Crunch Bundle	£15.99
Footlong Crunch Bundle	£21.99

Collection prices, which can differ by store and from delivery pricing. Calories are Subway's own published UK figures. This is an independent guide published by subwaymenunearme.uk; it is not affiliated with, endorsed by or connected to Subway or Subway IP LLC. Subway is a registered trademark of Subway IP LLC. Full menu, nutrition and store hours at subwaymenunearme.uk